



BARTON HILL ACADEMY PE POLICY

Vision:

At Barton Hill Academy we recognise the importance PE plays in the curriculum and are committed to providing all children with opportunities to engage fully in Physical Education (PE). PE should provide opportunities for all pupils to become physically literate and confident in a way which also supports their health and fitness. Children should acquire not only physical skills, knowledge and understanding, but also the awareness and importance of leading healthy, active lives as well as the values of sportsmanship, fairness and respect through the sports and activities they undertake.

Aims:

The consistent delivery of high-quality PE lessons which are exciting and challenging -providing pupils with many varied earning opportunities

- Develop knowledge, skills and understanding across a range of sporting activities.
- Engage in moderate to intense physical activity over sustained periods of time.
- Participate in competitive sports and activities.
- Lead healthy and active lives, picking up positive habits for their future lives.
- To compete in games and activities in a collaborative team.
- To develop Staff competence and confidence in the delivery of high-quality PE lessons.
- To promote safe practice in all activities.
- To use sport to build pupils self-confidence and self-esteem.
- To encourage involvement in extra-curricular sporting activities and develop community and club links.
- Increase participation in competitive sports both in and out of School.

Responsibility for PE at Barton Hill Academy

Mr Kupai and Miss Evans (PE Leaders) have overall responsibility for P.E including: physical activity monitoring, review and subject development.

Mr Kupai and Miss Evans will consult with the Head Teacher on PE matters and provision and the Head Teacher will oversee all things relating to PE and Barton Hill Academy.

Staff who teach or support in PE should be aware of the Policy and consider how they can support it. Staff who provide PE and physical activity should ensure that safe and effective procedures are adopted at all times.

External Providers

Occasionally we will recruit external people to run sport or PE related activities at Barton Hill Academy. This could be one off sessions or units of work. Nevertheless, all visitors are expected to work within the framework of this policy.

All visitors/coaches are expected to have an up to date CRB/DBS and provide this with photographic I.D (passport/driving licence) on arrival at main reception for their session(s).

This policy should be made available to visitors if reasonably practicable.

Health and Safety

We recognise that participation in PE and Physical Activities contains an element of risk. Staff are responsible for ensuring that they are familiar with safe practice to reduce the element of risk to the absolute minimum within their control.

- Staff are aware of pupils who have SEND with regards to physical activity and make special provision for needs where appropriate e.g. physical disability, asthma
- Staff know about the safe practices involved in moving and using apparatus
- Pupils wear appropriate clothing, remove jewellery and tie back long hair. If the removal of jewellery or studs is not possible they should be securely taped and the teacher is confident this strategy is effective. Our School provides a PE kit for all children and does not discriminate based on gender, race, disability, sexual orientation or belief.
- Pupils may be asked to remove shoes when participating in indoor activities such as gymnastics,
- Correct use of equipment is taught along with any potential hazards, including completing a risk assessment for each area/ space that PE and school sport takes place in
- Equipment and apparatus is stored safely at the end of each lesson.
- Pupils are taught to consider their own safety and that of others at all times.
- School shoes are not permitted to be worn for PE.
- Barton Hill Academy's PE kit consists of: Plain white (non-collared) T-shirt, black shorts, leggings or joggers and trainers.

Staff teaching PE should wear appropriate PE kit and consider their pupils' safety with regard to their own personal clothing, footwear and jewellery when involved in the teaching of any sporting activity.

We undertake an annual Risk Assessment of the school premises and areas where PE is taught and equipment including PE equipment (PE Lead) as necessary. Risk Assessments are in place for all school sporting trips.

PE and School Sports Premium Funding

PE and School Sports Premium funding is used in a relation to PE and sport at Barton Hill Academy. A breakdown of the funding can be viewed on request.

PE

All children are taught by school teaching staff who have been trained to use our PE scheme of work. Children from Years 1 to Year 6 have at least one, one hour, lesson of PE a week during curriculum time. Reception and nursery have a 45 minute slot each week. In addition to this, some classes have a swimming lesson once a week for a whole term.

The curriculum at Barton Hill Academy covers the National Curriculum Programmes of Study in PE as stipulated in the PE National Curriculum 2014 document. The School has bought into an on-line PE Scheme of Work (PE Pro) which is used to ensure a progression of skills throughout the year groups. Pupils develop physical skills, knowledge and understanding as well as learn about fitness, healthy lifestyles, cooperation and fair play. Pupils' are assessed by means of a bought-in bespoke PE Assessment tool to ensure progress is made and end of key stage expectations are met by all children. Children are assessed three times a year by the their teachers with a final result at the end of the Year.

Activities taught at Barton Hill Academy

- Games
- Dance
- Gymnastics
- Multi-Skills
- Fundamental Movement Skills
- Sports (Football, Cricket, Basketball, Tennis, Hockey, Rugby)
- Outdoor and Adventurous Activities
- Athletics
- Health Related Fitness

Assessment & Recording

Assessment is carried out by the class teacher. Children will be levelled appropriately in accordance with Age Related Expectations as per the Assessment Procedures for the curriculum areas covered. Swimming will be assessed by the swimming instructors at the local Leisure Centre and with agreeance of the school teaching staff. The school will be responsible for publishing Swimming data on the School Website, as per National Guidance, (if necessary).

Participation in PE

We aim for full participation in every PE lesson and aim to do this by:

- Providing PE kit for all children (if needed).
- A wide range of imaginative resources and teaching strategies are used to actively engage pupils in participating in lessons.
- Our curriculum takes into consideration the range of pupils' needs to ensure continuity and progression in learning is provided and PE lessons will be suitably differentiated in order to support and challenge pupils.
- Staff ensure that pupils of all abilities are able to access the PE curriculum by providing alternative, or different resources to develop new skills and ensure a positive relationship with physical activity from an early age.
- Pupils who are unable to participate in a PE lesson are engaged purposefully with other roles such as observation, feedback, video recording, evaluation, coaching, umpiring and refereeing. Students should change into suitable footwear. Parental notes should be received if a child is excluded for any short or long term health reason.

Facilities available for physical activity

On-site facilities include (school to include) eg :

- Hall - gymnastics mats, balance benches, boxes.
- Dining hall.
- Playgrounds- to be used during the day for play times, lunch times and PE, both in and out of school hours.
- Trim trail.
- Filed.
- MUGAs is used for break/lunchtime activities and curriculum activities.
- Local Leisure Centre for all swimming lessons.

Clothing to be worn during physical activity (before, during and after school)

We ask that all pupils change for PE and wear the PE kit provided by School that includes:

- *White t-shirt (long sleeve tops are permitted to be worn underneath and encouraged during winter months)*
- *Black shorts, sport trousers (i.e. joggers) or leggings. (Leggings underneath are permitted)*
- *Trainers or black PE daps.*
- *School shoes are not permitted to be worn.*

Barton Hill Academy red school sweatshirts can be worn on top of the t-shirt during autumn/winter months.

We will always endeavour to provide spare kit for pupils cannot access their own designated school PE kit, to ensure that children do not miss PE lessons.

Physical activity outside of the curriculum

In addition to PE, there are a range of opportunities for physical activity throughout the school day.

Extra-curricular activities and clubs

A range of after school clubs are available to pupils which are provided free of charge by school staff. These clubs complement the curriculum, the interests of pupils and the local sporting opportunities.

Active playtimes

We have zoned areas in the playground to promote different types of physical activity and relevant equipment is provided to engage pupils. School staff also offer different activities at lunchtimes, such as Football, basketball, hopscotch, the trim trail and skipping.

Sports Day

We organise an annual multi-sport circuit Sports Day type event at the end of the summer term, which this year we will evaluate to see if a more traditional type of Sports Day may be more suitable for our children. Parents and carers are actively involved to attend and support their children. We have a wide range of sporting activities on the day to encourage participation and success for all children.

Involving parents and carers

We recognise the important part parents and carers play in encouraging children to participate in physical activity. Information about PE, physical activities and sporting competitions organised by the school and opportunities after school, are shared with parents/Carers by means of specific PE letters from the PE Lead and through the School newsletter. Information about all areas relating to PE can also be found on the School website.

Monitoring and evaluation of physical activity

The PE Lead or member of SLT with responsibility for Monitoring is responsible for the overall monitoring of the quality of PE and physical activity provision.

We monitor PE in the curriculum through subject reviews and self-evaluation in order to provide an accurate perspective on how it is being delivered and how it can be further improved.

Physical Education is monitored and evaluated through:

- Lesson observations
- Monitoring of lesson planning
- Monitoring of equipment
- Pupils Assessment data
- Feedback from staff
- Children questionnaires
- Pupil records of participation, focusing on different groups
- Feedback from pupils/school council about PE and general physical activity
- Pupil attendance and achievement in sporting competitions
- Attendance at after school sports clubs

When external providers are used to deliver physical activity, the PE Lead will observe to ensure that high quality lessons are delivered and assessed consistently.

Equal opportunities and inclusion

We comply with the Equality Act 2010 and are proactive in ensuring that all pupils, including those with special needs or disabilities are provided with a comprehensive programme of physical activity. For pupils with disabilities or health conditions we will adapt activities to suit their individual needs. Where appropriate, this may mean providing specialised equipment, differentiating activities, offering a parallel or separate activity or setting a challenge appropriate to their skill level.

Pupils who do not participate in physical activity on a regular and consistent basis will be parent or carer.

Training and support for staff

We ensure relevant staff access high quality professional development annually on PE and physical activity to keep them updated on key related issues and ensure they are confident to teach the full breadth of the curriculum. We participate in training and projects run by the LA and other organisations.

Dissemination of the policy

The policy is available to parents and carers and pupils via the school website. Parents and carers and pupils new to the school may be given a summary on request and there is a copy in the school reception area. The full policy is available to parents and carers and pupils on request.

Copies of the full policy are in the staff handbook, the Governors' handbook and Policy reference file, in the school office.